



The Selkie

STARTERS

IRISH CHICKEN WINGS | **13.00**

BOURBON LOUISIANA HOT SAUCE, CASHEL BLUE DIP, FRESH CELERY | 7 | 9 | 10 | 12

*HOMEMADE SOUP OF THE DAY (VE) | **8.50**

SERVED WITH SOURDOUGH BREAD 1W | 9

*FRIED CALAMARI WITH ROMESCO SAUCE | **13.00**

FLASH FRIED TENDER SQUID WITH CHARRED LEMON
7 | 14

TEMPURA PRAWNS | **15.00**

HARISSA SALSA, SPICED COUS COUS, PINEAPPLE GEL
1W | 2 | 3 | 6 | 9

*SELKIE MEZZE (VE/VG) | **13.00**

FRESH CUT VEGGIES, HUMMUS, FETA, MARINATED OLIVES, MIXED LEAVES, BREADS
1W | 3 | 7 | 8 | 12

*CRISPY FRIED SILKEN TOFU (VE/VG) | **12.50**

WILTED PAK CHOI, APPLE & PLUM DRESSING 6 | 11 | 12

*SMOKED CHICKEN SALAD | **12.50**

FRESH LEAVES, WALNUT PESTO, GARLIC CROUTONS
1W | 3 | 6 | 7 | 8W | 10 | 12

SMOKED CHEDDAR & ROASTED RED PEPPER ARRANCINI (VE) | **13.00**

PEA PUREE
1W | 3 | 6 | 7

HOT HONEY CHICKEN TENDERS | **12.50**

CRISPY POTATO, GARLIC AOILI
1W | 3 | 6 | 7 | 11

Please note a discretionary 10% service charge applies to tables of 8 or more. All gratuities are directly distributed to our hard working staff.

1W | WHEAT 1B | BARLEY 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS
6. SOY BEANS 7. MILK 8. NUTS | 8H.HAZEL | 8C. CASHEW | 8W. WALNUT | 9. CELERY
10. MUSTARD 11. SESAME SEEDS 12. SULPHUR DIOXIDE 13. LUPIN 14. MOLLUSCS

*DISHES MARKED WITH ASTERISK CAN BE MADE GLUTEN FREE



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MAINS

***GREEN THAI CURRY (VE/VG) | 21.00**

SERVED WITH RICE NOODLES

2 | 6 | 9 | 11

ADD CHICKEN | 3.50 OR TOFU | 3.00 OR PRAWNS | 7.00

ORGANIC IRISH SALMON DARNE | 27.00

LEMON & CAPER BUTTER, CITRUS BEURRE BLANC, BABY POTATOES,
SUNDRIED TOMATO, GREEN BEANS.

4 | 7

***BURNS 10oz IRISH STRIPLOIN STEAK | 39.50**

CHUNKY CHIPS, SAUTEED MIXED MUSHROOMS, PANKO ONION RINGS, ROASTED CHERRY TOMATOES
4 PEPPER WHISKEY SAUCE OR CASHEL BLUE CHEESE & PORT SAUCE
OR CHIMMICHURRI OR BLACK CONFIT GARLIC BUTTER

1W | 3 | 7 | 12

3hr SLOW COOKED BEEF FEATHERBLADE | 27.00

COLCANNON, CHARRED TENDER STEM BROCCOLI, CASHEL BLUE OR PEPPER SAUCE

7 | 9 | 10

SUGAR PIT PORK CHOP | 27.00

BOULANGERE POTATOES, MIXED GREENS, APPLEWOOD SMOKED HONEY & WHOLEGRAIN MUSTARD
SAUCE

7 | 10 | 12

SPANISH STYLE PAN ROASTED COD | 28.50

CHORIZO & BUTTERBEAN ESTOFADO, WILD ROCKET

4 | 12

BLACKENED CAJUN CHICKEN SUPREME | 26.00

CHORIZO JAMBALAYA, SOUR CREAM, FRESH CORIANDER

7 | 9 | 12

***VEGETABLE OR BEEF MOUSSAKA (VE/VG) | 20.00/23.00**

GARLIC CROSTINI, FRESH SIDE SALAD

1W | 6 | 10 | 12

WALNUT AND ROCKET PESTO GNOCCHI (VE) | 22.00

GARLIC CIABATTA **ADD GOATS CHEESE | 4.00**

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BURGERS

ALL BURGERS SERVED WITH CRISPY WAFFLE FRIES

***6oz BACON AND CHEESE BEEF BURGER | 20.00**

CHEDDAR CHEESE, HOUSE BURGER SAUCE, STREAKY BACON, KETCHUP
CRISPY LETTUCE, RED ONION, TOMATO
1W | 3 | 7 | 10 | 11

***GRILLED CHICKEN FILLET BURGER | 20.00**

WALNUT PESTO, SUNDRIED TOMATO, CRISPY LETTUCE,
RED ONION, TOMATO.
ADD CHEESE | 1.00
1W | 3 | 7 | 8 | 10 | 11 | 12

***LISDERGAN VENISON BURGER | 20.00**

BRIE, CARAMELISED ONIONS, PLUM DRESSING, CRISPY LETTUCE,
RED ONION, TOMATO
1W | 3 | 7 | 10 | 11 | 12

***BEYOND MEAT BURGER (VE/VG) | 20.00**

VEGAN CHEESE, GARLIC AIOLI, CRISP SALAD
1W | 6 | 11

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SIDES

CRISPY WAFFLE FRIES | **7.00** 1W |

GARLIC POTATO CUBES, BLACK GARLIC MAYO | **7.00** 3 | 6

MIXED VEG | **7.00**

CHIPS | **6.50**

POLENTA FRIES | **7.00**

MASH, COLCANNON MASH | **6.50**

SWEET POTATO FRIES | **7.00** 7 |

SIDE SALAD | **6.00**

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AFTERS

BURNT BASQUE BAKED CHEESECAKE | **10.50**
BERRY COMPOTE & VANILLA ICE CREAM 4 | 7

BAKED TO ORDER DOUBLE CHOCOLATE, COOKIE | **10.50**
FRESH MIXED BERRIES, DARK CHOCOLATE SAUCE, VANILLA ICE CREAM | 1w | 3 | 7

SELECTION OF ICE CREAM | **8.00**
PLEASE ASK FOR CURRENT FLAVOURS | 3 | 6 | 7 | 8

PEACH AND VANILLA PANNACOTTA (VE/VG) | **10.00**
PEACH COMPOTE, MANGO SORBET | 6 |

CARAMELISED PLUM TART TATIN | **10.00** (VE/VG)
BRANDY CREME ANGLAISE, ICE CREAM 1W | 6

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The Selkie
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Duncarberry, Tullaghan, Co. Leitrim, F91 K38H





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REGARDING ALLERGENS AND INTOLERANCES

The Selkie team take allergen concerns very seriously and have procedures in place to ensure the safety of our customers. Our chefs and staff follow strict protocols to try and avoid cross-contamination, but we cannot guarantee that our kitchen and food preparation areas are entirely free from allergens.

It is the responsibility of the customer to inform our staff of any allergies or dietary restrictions before placing their order, and we will make every effort to accommodate their requests. However, please note that we cannot guarantee the complete absence of cross-contamination, as we are a small kitchen and use shared cooking and preparation areas.

Please note that some of our dishes may contain or come into contact with common allergens, such as wheat, gluten, dairy, nuts, peanuts, soy, fish, shellfish, and egg. If you have any concerns or questions about allergens, we encourage you to speak with our staff, or refer to the allergen information provided on our menu.

Please be aware that even if a particular dish is marked or designed as gluten-free or allergen-free, additional allergens may be present in our kitchen, and we cannot guarantee that our food is free from allergens. Customers with severe allergies or who are extraordinarily concerned about the risk of cross-contamination should assess their own dietary needs and make a decision accordingly.

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