



The Selkie

## STARTERS

### IRISH CHICKEN WINGS

BOURBON LOUISIANA HOT SAUCE, CASHEL BLUE DIP, FRESH CELERY | 7 | 9 | 10 | 12  
**STARTER | 9.50 MAIN | 18.00**

**\*HOMEMADE SOUP | WARM SOURDOUGH BREAD | 5.95**

1W | 9

### \*FRIED CALAMARI WITH ROMESCO SAUCE

FLASH FRIED TENDER SQUID WITH FRESH LEAVES AND CHARRED LEMON  
1W | 3 | 7 | 14

**STARTER | 10.95 MAIN | 19.95**

### GRILLED ARGENTINIAN PRAWN YAKATORI | 14.00

SPICED PEANUT DRESSING, CRISPY SLAW  
2 | 6 | 9 | 10 | 11

### SLOWCOOKED PULLED PORK BAO BUNS | 12.50

OR BBQ JACKFRUIT (VE, VG), SRIRACHA SLAW  
1W | 6 | 9 | 10 | 11

### \*BEETROOT AND GIN CURED IRISH SALMON | 13.00

PICKLED BEETROOT, CROSTINI, LEMON EMULSION, MICRO GREENS 1W | 4 | 10

### \*CRAB AND GRUYÈRE CHEESE TARTLET | 13.50

FRESH HERB AND LEMON RICOTTA  
1W | 2 | 3 | 6 | 7 | 10

### KOREAN CRISPY DUCK | 12.00

ASIAN BBQ SAUCE, CRISP SLAW  
6 | 10 | 11

### LEITRIM HILL GOATS CHEESE SALAD | 12.00

NUT AND QUINOA BON BON, POMEGRANATE AND SHERRY DRESSING  
6 | 7 | 8C | 8P | 9 | 10

**Please note a discretionary 10% service charge applies to tables of 8 or more. All gratuities are directly distributed to our hard working staff.**

1W | WHEAT 1B | BARLEY 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS  
6. SOY BEANS 7. MILK 8. NUTS | 8H.HAZEL | 8C. CASHEW | 8P. PISTACHIO 9. CELERY  
10. MUSTARD 11. SESAME SEEDS 12. SULPHUR DIOXIDE 13. LUPIN 14. MOLLUSCS  
\*DISHERS MARKED WITH ASTERISK CAN BE MADE GLUTEN FREE



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## MAINS

### SPICY ITALIAN SAUSAGE ARRABIATA | **19.00**

PENNE PASTA, PARMESAN, GARLIC BREAD

1W | 3 | 6 | 7 | 9

### YELLOW THAI CURRY | **17.50**

MILDLY SPICED COCONUT BASE, CRISP VEG, FRESH CORIANDER

SERVED WITH FRAGRANT RICE | 5 | 6 | 9 | 11

**ADD CHICKEN | 3.00 OR TOFU | 2.50**

### PANKO COATED LEMON SOLE | **23.50**

PICKED CUCUMBER SALAD, HOUSE BOILED EGG TARTARE SAUCE AND FRIES

1W | 4 | 7 | 9 | 3 | 10

### 9OZ IRISH PRIME RIBEYE STEAK | **32.50**

LYONNAISE POTATOES, CARAMELISED SHALLOTS, FRESH GREENS, ROASTED CHERRY TOMATOES  
BRANDY AND GREEN PEPPERCORN SAUCE OR CASHEL BLUE CHEESE SAUCE

7 |

### 3HR SLOW COOKED BEEF FEATHERBLADE | **24.00**

GARLIC POTATOES, CHARRED TENDER STEM BROCCOLI, CASHEL BLUE OR PEPPER SAUCE

7 | 9 | 10

### IRISH DUCK BREAST | **26.00**

CAVOLO NERO, ROASTED BUTTERNUT SQUASH, 5 SPICE SQUASH PUREE, CONFIT POTATOES, ROAST  
ONION & RED WINE SAUCE

SERVED MEDIUM

6 | 7 | 9

### IRISH ORGANIC SALMON | **23.00**

MIXED GREENS, CRISPY BABY POTATOES & BEURRE BLANC SAUCE

3 | 4 | 7

### PAN ROASTED CHICKEN SUPREME | **22.00**

BBQ CHORIZO, BUTTERY COLCANNON MASH, GREENS

7 | 9

### SWEET POTATO AND BUTTERNUT SQUASH POLENTA CAKE | **20.00**

TOMATO, CHILLI AND GARLIC SAUCE, SIDE SALAD

5 | 6 | 11

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## BURGERS

ALL BURGERS SERVED WITH CRISPY WAFFLE FRIES

**\*60Z CHUCK AND BRISKET BEEF BURGER | 16.50**

HOUSE BURGER SAUCE, PICKLES, CRISP SALAD

**ADD CHEESE | 1.00**

1W | 3 | 7 | 10 | 11

**\*60Z BACON AND CHEESE BURGER | 16.50**

CHEDDAR CHEESE, HOUSE SAUCE, STREAKY BACON, CRISP SALAD

1W | 3 | 7 | 10 | 11

**\*GRILLED ARGENTINIAN CHICKEN BURGER | 16.50**

CRISP SALAD, CHIMICHURRI, PICKLED RED ONION, GARLIC SAUCE

**ADD CHEESE | 1.00**

1W | 3 | 7 | 10 | 11

**CRISPY CHICKEN, BBQ SAUCE BURGER | 16.50**

BACON RELISH, CRISP SALAD

**ADD CHEESE | 1.00**

1W | 3 | 7 | 10 | 11

**\*BEYOND MEAT BURGER | 16.50**

VEGAN CHEESE, GARLIC AIOLI, CRISP SALAD

1W | 6 | 11

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## SIDES

CRISPY WAFFLE FRIES | **5.50** 1W |

GARLIC POTATO CUBES, BLACK GARLIC MAYO | **5.50** 3 | 6

MIXED VEG | **5.00**

CHIPS | **5.00**

POLENTA FRIES | **5.50**

MASH, COLCANNON MASH | **5.00**

SWEET POTATO FRIES | **6.00** 7 |

SIDE SALAD | **5.50**

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## AFTERS

### KATAFFI SPLIT | **10.50**

CRISPY FILO WRAPPED BANANA, DARK CHOCOLATE SAUCE, HONEYCOMB PIECES,  
WHIPPED BAILEYS CREAM & ICE CREAM 1W | 3 | 7

### DARK CHOCOLATE AND ORANGE TORTE | **10.50**

BLOOD ORANGE COMPOTE, GINGER BREAD CRUMB, HONEYCOMB ICE CREAM | 7

### SELECTION OF ICE CREAM | **8.00**

PLEASE ASK FOR CURRENT FLAVOURS 1W | 3 | 6 | 7 | 8

### PEACH AND VANILLA PANNACOTTA (VE, VG) | **10.00**

PEACH COMPOTE, MANGO SORBET 6 |

### CARAMELISED PLUM TART TATIN | **10.00** (VE, VG)

BRANDY CREME ANGLASIE, ICE CREAM 1W | 6

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## REGARDING ALLERGENS AND INTOLERANCES

The Selkie team take allergen concerns very seriously and have procedures in place to ensure the safety of our customers. Our chefs and staff follow strict protocols to try and avoid cross-contamination, but we cannot guarantee that our kitchen and food preparation areas are entirely free from allergens.

It is the responsibility of the customer to inform our staff of any allergies or dietary restrictions before placing their order, and we will make every effort to accommodate their requests. However, please note that we cannot guarantee the complete absence of cross-contamination, as we are a small kitchen and use shared cooking and preparation areas.

Please note that some of our dishes may contain or come into contact with common allergens, such as wheat, gluten, dairy, nuts, peanuts, soy, fish, shellfish, and egg. If you have any concerns or questions about allergens, we encourage you to speak with our staff, or refer to the allergen information provided on our menu.

Please be aware that even if a particular dish is marked or designed as gluten-free or allergen-free, additional allergens may be present in our kitchen, and we cannot guarantee that our food is free from allergens. Customers with severe allergies or who are extraordinarily concerned about the risk of cross-contamination should assess their own dietary needs and make a decision accordingly.

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